

PRODUCT HIGHLIGHTS

The bold, sleek design of the Discovery™ Smith Machine features high head clearance and a clean, walk through design. The 11 degree angle and innovative Smith Bar design produces a smooth, natural feel and an exceptional user experience.

SMITH MACHINE-DPL0802

DISCOVERY™ SERIES



PRODUCT FEATURES

Contoured Shoulder Pads

Shoulder pads are shaped and angled to comfortably fit the exerciser. The four-bar linkage design allows them to pivot with the user, enabling exercisers to maintain their position throughout the range of motion instead of chafing under load.

Unique Pivot System

The proprietary spherical bearing design of the pivot system allows for unique lateral and rotational movements that enhance core activation and stabilization. This provides a more natural free weight experience and teaches the exerciser how to perform a proper squat movement.

Open and Stable Foot Platform

The uniquely differentiated large, open foot platform is approachable and intuitive, supporting an exercise experience that most closely mimics a free weight squat.

Weight Plate Storage

Weight plate storage is optimized for easy loading and unloading with weight plate horns positioned at a height that is within reach for a wide range of exercisers.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

PRODUCT SPECIFICATIONS

Dimensions (L x W x H): 56 x 84 x 90 in / 142 x 214 x 229 cm

Max Load Weight: 600 lb / 272 kg

Starting Weight: Smith Bar Assembly (unloaded) 25 lb / 11.3 kg [Glide](#)

Path Angle: 11 degrees

Length of Smith Bar Travel: 61.5 in / 156 cm

Smith Bar Hook Spacing: 16 Hook positions at 4 in / 10 cm spacing

Linear Bearings: Qty. four (4) industrial grade linear bearings at 1,500 lb / 681 kg dynamic load capacity each (2 per side)

Head Clearance: 80 in / 203 cm walk through design Shafting: 1.25 in / 32 mm case hardened, ground turned and polished linear shafting

Safety Stops: Tested to: 600 lb / 272 kg from 18 in / 46 cm x 10 times

Weight Plate Storage Horns: Six (6) horns at 10 in / 25 cm in length

Storage Capacity: Five (5) 45 lb / 20 kg weight plates per horn = 1,350 lb / 612 kg max

Smith Bar Assembly: Bar diameter: 1.4 in / 35 mm, knurled and p



PRODUCT HIGHLIGHTS

The Vitality™ Series Dual Bicep Curl / Tricep Extension features a combination auto-adjust bicep / tricep grip and convenient start position adjustment while seated on the machine. Single seat adjustment ratchets for proper exercise positioning and optimal comfort. Users can easily engage the add-on weight with a simple push of a lever to increase the work load.

BICEP CURL/TRICEPS EXTENSION-C025ES

VITALITY™ SERIES



PRODUCT FEATURES

Resistance Design

The movement arm is designed to ensure that a smooth resistance is felt through the entire range of motion, eliminating common dead spots found in similar machines.

Adjustable Start Position

The start position is easily adjusted while the exerciser is sitting in the unit, enabling them to get moving faster

Counterbalance

The counterbalanced movement arm creates a proper motion path and low starting lift weight.

Two Exercises, One Machine

The unit features a combination auto-adjust biceps/triceps grip, allowing exercisers to easily switch between the two movements.

Add-On Weight

Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

PRODUCT SPECIFICATIONS

Dimensions (L x W x H): 132 x 109 x 155 cm

Equipment Weight: 200 kg

Weight Stack: 78 kg

Incremental Add-on Weight: 2.5 kg

Frame and Finish: Oversized 4x2-inch frames are 11 and 8-gauge steel and welded in all structural areas. Powder coated frames.

Standard Color Options

Frame	Upholstery
 Gloss Metallic Silver	 Black

Upholstery - Optional

 All Spice	 American Beauty	 Black	 Blue Jay	 Burgundy	 Deep Clay
 Grey	 Hunter Green	 Navy	 New Purple	 Royal Blue	 Slate

* Colors may vary.
* Custom colors available.
* Please Contact a Precor Sales Representative.

PRODUCT HIGHLIGHTS

The unique design of the Vitality™ Series Abdominal features a walk-in-and-use design with no adjustments necessary. The contoured shoulder pads auto-adjust to fit all users conveniently and cushioned rubber hand grips add comfort. Users can easily engage the add-on weight with a simple push of a lever to increase the work load.

ABDOMINAL-C014ES

VITALITY™ SERIES



PRODUCT FEATURES

Walk-In Design

The unit is designed to get exercisers working out quickly and effectively, with an open design that requires no adjustments.

Elevated Foot Rest

To ensure proper knee/hip alignment and back stabilisation, the foot rest is positioned to elevate the exerciser's knees to the correct angle.

Shoulder Pads

The contoured shoulder pads auto-adjust to fit a wide range of exercisers and the cushioned rubber hand grips provide added comfort.

Roller Pad and Back Pad

The lumbar roller pad and pivoting back pad provide exercisers with a comfortable movement throughout the full range of motion.

Add-On Weight

Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

PRODUCT SPECIFICATIONS

Dimensions: 145 x 97 x 155 cm

Equipment Weight: 218 kg

Weight Stack: 200 lb / 91 kg

Incremental Add-on Weight: 5 lb / 2.3 kg

Frame and Finish: Oversized 4x2-inch frames are 11 and 8-gauge steel and welded in all structural areas. Powder coated frames.

Standard Color Options

Frame	Upholstery
 Gloss Metallic Silver	 Black

Upholstery - Optional

 All Spice	 American Beauty	 Black	 Blue Jay	 Burgundy	 Deep Clay
 Grey	 Hunter Green	 Navy	 New Purple	 Royal Blue	 Slate

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* Custom colors available.
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PRODUCT HIGHLIGHTS

The Vitality™ Series Leg Extension / Leg Curl is a dual-function machine designed with convenient, easy-to-adjust ankle pad and shin pad adjustment from the seated position. The below-the-knee shin pad design facilitates proper leg curl form. Users can easily engage the add-on weight with a simple push of a lever to increase the work load.

LEG EXTENSION/LEG CURL- C027ES

VITALITY™ SERIES



PRODUCT FEATURES

Adjustable Start Position

The start position easily adjusts for proper exerciser positioning.

Walk-In Design

All of the adjustments on this unit provide the exerciser with a clear path for an easy entry and exit.

Counterbalance

The counter-balanced movement arm creates a proper motion path and low starting lift weight.

Thigh Pads

The pivoting thigh pads are angled for improved function and comfort during workouts.

Add-On Weight

Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

PRODUCT SPECIFICATIONS

Dimensions (L x W x H): 163 x 114 x 155 cm

Equipment Weight: 261 kg

Weight Stack: 109 kg

Incremental Add-on Weight: 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all structural areas. Powder coated frame.

Standard Color Options

Frame	Upholstery
 Gloss Metallic Silver	 Black

Upholstery - Optional

 All Spice	 American Beauty	 Black	 Blue Jay	 Burgundy	 Deep Clay
 Grey	 Hunter Green	 Navy	 New Purple	 Regal Blue	 Slate

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* Custom colors available.
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PRODUCT HIGHLIGHTS

The Vitality™ Series Rear Delt / Pec Fly features pivoting arms that adjust for user arm length. The easy-adjust start position and dual hand positions offer exercise variety. Long, narrow back pad provides back support for Pec Fly exercise and chest support for Rear Delt movement. Users can easily engage the add-on weight with a simple push of a lever to increase the work load.

REAR DELT/PEC FLY-C015ES VITALITY™ SERIES



PRODUCT FEATURES

Adjustable Positions

An easy-to-use start position adjustment and dual hand positions provide variety for both the Pec Fly and Rear Delt movements

Back Pad

The long, narrow back pad provides back support for Pec Fly exercise and chest support for Rear Delt movement.

Pivoting Arms

To encourage proper positioning in both exercises with minimal adjustments, the arms automatically pivot when the exerciser enters, adjusting to various arm lengths and positions.

Add-On Weight

Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

PRODUCT SPECIFICATIONS

Dimensions (L x W x H): 142 x 137 x 201 cm

Equipment Weight: 236 kg

Weight Stack: 109 kg

Incremental Add-on Weight: 2.5 kg

Frame and Finish: Oversized 4x2-inch frames are 11 and 8-gauge steel and welded in all structural areas. Powder coated frames.

Standard Color Options

Frame	Upholstery
 Gloss Metallic Silver	 Black

Upholstery - Optional

 All Spice	 American Beauty	 Black	 Blue Jay	 Burgundy	 Deep Clay
 Grey	 Hunter Green	 Navy	 New Purple	 Regal Blue	 Slate

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* Custom colors available.
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PRODUCT HIGHLIGHTS

The Vitality™ Series Pulldown / Seated Row is a dual-function machine with lat pulldown and mid-row exercise positions. It features an easy-to-adjust thigh hold-down pad, extended seat and foot bar to facilitate both exercises. Users can easily engage the add-on weight with a simple push of a lever to increase the work load.

PULLDOWN/SEATED ROW-C026ES VITALITY™ SERIES



PRODUCT FEATURES

Adjustable Thigh Pad

The thigh hold-down pad features an easy to adjust mechanism to accommodate a wide range of exercisers.

Two Exercises, One Machine

The dual-function unit accommodates both the lat pulldown and mid-row exercise movements and features an extended seat and foot bar to facilitate both exercises.

Protective Bar Storage

The row bar rests on a storage plate with a protective coating so that the bar is out of the way when the pulldown is being used. The protective coating protects the storage plate from scratches and dents.

Add-On Weight

Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

PRODUCT SPECIFICATIONS

Dimensions (L x W x H): 201 x 132 x 221 cm

Equipment Weight: 226 kg

Weight Stack: 100 kg

Incremental Add-on Weight: 3.5 kg

Frame and Finish: Oversized 4x2-inch frames are 11 and 8-gauge steel and welded in all structural areas. Powder coated frames.

Standard Color Options

Frame	Upholstery
 Gloss Metallic Silver	 Black

Upholstery - Optional

 All Spice	 American Beauty	 Black	 Blue Jay	 Burgundy	 Deep Clay
 Grey	 Hunter Green	 Navy	 New Purple	 Royal Blue	 Slate

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PRODUCT HIGHLIGHTS

The Vitality™ Series Multi-Press features 3 machines in one: bench press, incline press, and shoulder press. Users can adjust press arm and seat while on the machine. Comfortable, oversized grips with multiple positions and simple seat adjustment make it easy for users to get in position for proper exercise form. Users can easily engage the add-on weight with a simple push of a lever to increase the work load.

MULTI-PRESS-C024ES

VITALITY™ SERIES



PRODUCT FEATURES

Adjustable Start Position

Comfortable, oversized grips with multiple positions and a simple seat adjustment make it easy for exercisers to get in position for proper exerciser form.

Three Exercises, One Machine

The unit accommodates three pressing movements — bench press, incline press, and shoulder press — all in one product.

Similar to Free Weight Positions

When using the Multi-Press, exercisers will quickly realise how similar it feels to using free weights for the same exercises.

Add-On Weight

Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

PRODUCT SPECIFICATIONS

Dimensions (L x W x H): 183 x 150 x 178 cm

Equipment Weight: 258 kg

Weight Stack: 109 kg

Incremental Add-on Weight: 3.5 kg

Frame and Finish: Oversized 4x2-inch frames are 11 and 8-gauge steel and welded in all structural areas. Powder coated frames.

Standard Color Options

Frame	Upholstery
 Gloss Metallic Silver	 Black

Upholstery - Optional

 All Spice	 American Beauty	 Black	 Blue Jay	 Burgundy	 Deep Clay
 Grey	 Hunter Green	 Navy	 New Purple	 Regal Blue	 Slate

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PRODUCT HIGHLIGHTS

The FTS Glide offers resistance training with freedom of motion to increase core strength, balance, stability and coordination. Designed with a compact footprint and low height to fit any fitness facility, the FTS Glide is easy to use.

FTS GLIDE

ICARIAN™ SERIES



PRODUCT FEATURES

Upholstery

Premium-quality upholstery with Beautyguard protective topcoat finish. Fabric meets or exceeds California fire regulations (Bulletin 117, section E). Double-layer slipcover in appropriate high wear areas. Double stitching on all seams.

PRODUCT SPECIFICATIONS

Dimensions: 53 x 48 x 85 in (135 x 122 x 216 cm)

Weight: 672 lbs (305 kg)

Dual weight stacks: 2 x 200 lbs (2 x 91 kg)

Frame and Finish: 11 gauge (.120") and 7 gauge (.188") 2x4-inch bent electroweld steel tubing. The five-stage material prep/wash process if followed by an electrostatically applied, heat-cured powder coat.