

**LIFE STYLE CENTER  
INDIAN PALMS COUNTRY CLUB ASSOCIATION  
RULES AND REGULATIONS – APPROVED 1.16.18**

The Lifestyle Center (LSC) is owned by the Indian Palms Country Club Association (IPCCA). It is governed by the IPCCA HOA Board of Directors and managed by the Community Manager and the LSC Director.

1. Members and Guests.

- A. LSC dues and associated payment processes are set by the IPCCA Board and administered by the IPCCA Community Manager and LSC Director and staff. There are various types of LSC Members, and dues and rules of access may be different for different types of Members.
- i. Regular Members. Regular Members are those Indian Palms Community Association (IPCA) Owners (IPCCA, HOA 18 and other homes within IPCCA) whose LSC membership is established via either the original deed to their IPCCA property or through a recorded document adding this membership to the title to their property after title has already been transferred. Monthly membership dues are included in monthly HOA invoices. If you are unsure if you are this type of Member or would like to become this type of Member, please contact the LSC Director for more information.
- a. This membership is limited to two adults and their minor children residing at the property.
- b. This membership may be temporarily assigned to renters/tenants by completing, signing and submitting the necessary form to the LSC Director or staff. This form is available at the LSC.
- ii. Fee Members. Memberships on a daily, weekly, monthly or annual basis are available to the following people who are residing within the IPCCA complex: Non-regular member home owners, time-share residents, and hotel guests.

NOTE: RENTERS/TENANTS OF FEE MEMBERS **CANNOT** BUY FEE MEMBERSHIPS. AT THE DISCRETION OF THE LSC DIRECTOR AND THE COMMUNITY MANAGER, SPECIAL RULES MAY APPLY ON FEE MEMBERSHIPS DURING FESTIVALS AND OTHER UNUSUAL EVENTS.

- a. This type of membership may be purchased on an individual or family basis. A Single Fee Membership is limited to one person. A Family Membership is limited to two adults and their minor children residing at the residence.
- b. Fee Members may not assign their membership to a renter or tenant or anyone else.

B. Membership Activation and Access.

- i. Prior to using the LSC, all Members must activate their membership by registering at the LSC front desk with the LSC Director or other LSC staff member.
- ii. Membership requires purchasing an ID access card which allows access to the fitness facilities, pool and spa. Access to certain tennis and pickle ball courts requires a key. Access cards and court keys can be purchased at the LSC front desk from the Director or other staff. Members should have their ID access cards/keys with them at all times when using the LSC. This card may be checked from time to time for Members' protection.
- iii. Members will be given restroom access codes for the locks on these facilities.
- iv. Sharing access cards, codes or court keys with unauthorized persons is not permitted and is grounds for suspension/revocation of membership privileges.

C. Guests.

- i. For purposes of LSC access and use, "Guests" are only the guests of Regular Members. Guests of Fee Members must purchase an appropriate Fee Membership for the time they wish to use the LSC facility.
  - ii. Guests are allowed to use the LSC while staying at the residence of the qualifying Member.
  - iii. Each Member is limited to two adult Guests and their minor children at any one time.
  - iv. Members must register their Guests at the LSC prior to the Guest using the facility.
  - v. The Member is responsible for the actions of his/her Guests.
  - vi. Members have priority over Guests for facility use and classes.
- D. Members must present their ID Card and log in electronically at the front desk each time they use LSC facilities or attend LSC classes.
- E. All Members and Guests are required to sign the current Informed Consent, Release and Waiver form before using the LSC. Contact the LSC Director for this form.

2. General.

**A. ALL USERS OF THE LSC DO SO AT THEIR OWN RISK.**

- B. The LSC is to be used only by Members, their Guests, and staff and instructors in performance of their duties. Management may verify the identity and status of

individuals using the LSC at any time and request that unauthorized users leave the facility.

- i. Use of LSC facilities by Members and Guests is limited to normal hours of operation as posted at the LSC. Different venues may have different hours of operation. Hours of operation may vary with the season.
  - ii. Everyone must abide by temporary closures posted by management. These closures are made from time to time for health, safety or maintenance reasons.
- C. Members and Guests may not engage in or permit activities which interfere with the rights, comfort, safety and quiet enjoyment of other Members and Guests. These types of activity include, but are not limited to, loud music, publicly audible private phone conversations, pushing/shoving/running at the pool, diving or jumping into the pool, fighting or loud arguments, alcohol consumption, large private groups, and intimate displays of affection that are inappropriate in a public forum.
- D. Harassing or bullying behavior of any nature is not permitted. If observed by staff, the offenders will be asked to leave the premises.
- E. The two IPCCCA satellite pools are not part of the LSC and may not be used for LSC-sponsored classes.
- F. Smoking of tobacco, marijuana, or any banned, illegal or regulated substances is not permitted on LSC property. This includes the use of e-cigarettes or vaping of any of the substances identified in the prior sentence.
- G. Members, Guests and staff must follow LSC Rules and Regulations and posted signage when at the facility. These rules apply to the whole LSC facility, including grounds, unless a specific LSC area is designated in the rule. Staff is expected to be familiar with the rules and encourage compliance with them. Violators are subject to suspension or revocation of membership. Members are responsible for the conduct of their Guests, family members and tenants at the LSC.
- H. The IPCCCA Board may, on occasion and at its discretion, authorize a temporary exception to a LSC rule or regulation.
- I. The LSC may not be used for group parties, pool parties, fund raisers, or other individual events that exclude some Members or involve attendance by non-members or unauthorized visitors.
- J. Pets are not permitted in the Fitness Center, pool/spa areas, or court areas. Dogs in open areas must be on a leash.
- K. The LSC will make every reasonable effort to accommodate the needs of Members, Guests or staff with disabilities. Please advise LSC management or staff if you have special needs.

- L. Currency is not accepted at the LSC. Checks or credit/debit cards must be used by Members when payments are made.
- M. Children under 14 years of age must be accompanied by and supervised by a responsible adult for the entire duration of their presence at the LSC.

3. Use of LSC Facilities.

- A. Activity groups (tennis, pickle ball, bocce ball, aquatics, aerobics, classes, etc.) may establish rules for their activity. Management must review and approve these activity guides before they are implemented. Once approved, Members should follow the specific rules for each activity. Copies of activity guides are available for review at the LSC.
- B. Certain general rules apply to various activity venues:
  - i. Fitness Center.
    - a. Children under 14 years of age are not allowed in the Fitness Center. Persons 14 to 16 years of age must be supervised by a responsible adult Member when using the exercise equipment.
    - b. Use of fitness equipment is limited to 30 minutes if people are waiting to use the same equipment. If others are waiting to use equipment, follow procedures established by the LSC Director or staff.
    - c. Reserving more than one machine or training area for cross-training by one person is not permitted.
    - d. All equipment is to be wiped down with sanitary wipes after use. Portable equipment should be returned to its proper place after use. Towels and waste are to be placed in the designated containers after use.
    - e. All equipment malfunctions, injuries or other safety concerns should be immediately reported to the LSC Director or front desk staff person.
    - f. While in the Fitness center, cell phones must be in silent mode and may only be used in a manner that is silent (e.g., may be used as an audio or A/V device with earphones or may be used for texting or other silent forms of communication). In the event this rule is violated, after giving one warning the LSC Director or other LSC staff member is authorized to confiscate the offending cell phone and keep it at the front desk to be retrieved by the owner of the cell phone upon leaving the Fitness Center. Failure to surrender the cell phone when it is requested by the LSC Director or other staff member may result in immediate expulsion from the Fitness Center, with reentry permitted only without the cell phone.

- g. Enclosed athletic shoes must be worn when using exercise equipment.
- ii. Courts (Tennis, Pickle Ball, Bocce Ball).
  - a. Courts are available on a first-come, first-served basis unless reserved for scheduled league, social group play, or individual member use. Scheduled league and social group play takes precedence over individual use.
  - b. Individual member reservations must be made in person, may only be made by the actual member, and may not be made further than 60 days in advance.
  - c. If a court has been reserved and the reserving group has not shown up within 15 minutes of the reserved time, the court will become available for use by others. At the discretion of the Director of the LSC, repeated "no shows" will result in the offending member losing the privilege of being able to reserve courts. The loss of this privilege may be for a time certain (i.e., one year) or in perpetuity, again at the discretion of the Director.
  - d. In order to ensure maximum flexibility in accommodating both tennis and pickle ball, Court 1 (a dual tennis/pickle ball court) may not be reserved unless all other courts of the type needed are already reserved.

NOTE: TENNIS HAS PRIORITY ON COURT 1 DURING THE INDIAN WELLS TENNIS TOURNAMENT. THE LSC DIRECTOR OR OTHER STAFF WILL MAKE APPROPRIATE RESERVATIONS AND SCHEDULING ARRANGEMENTS DURING THIS TIME.

- e. Only enclosed, non-marking, soft-soled athletic shoes are permitted on courts.
- f. When others are waiting for courts during unreserved times, Members should follow the playing time limits and waiting list procedures outlined in appropriate activity guides.
- g. Members should make every effort not to disturb play on adjacent courts and behave in a respectful and courteous manner to other players.
- h. Responsibility for raking, watering and other normal bocce court preparations is the responsibility of the players.
- i. Courts may only be used for their designated activity (tennis, pickle ball and bocce).

iii. Pool/Spa.

**NOTE: THERE IS NO LIFEGUARD ON DUTY AT THE POOL OR SPA AREA.**

- a. The pool and spa may only be used during posted hours of operation. Closures for health, safety or maintenance must be observed. The pool and spa should not be used if it appears that there is a chance of lightning. Pool/spa capacity limits must be observed.
  - b. All incontinent persons, including anyone who requires the use of any form of diaper or incontinence garment, must wear plastic pants (or other similar garment) designed for the purpose of use by an incontinent person while swimming, when in the water.
  - c. Members or Guests suffering any form of communicable illness or infection may not use the pool or spa.
  - d. Glass, breakable crockery and other unsafe personal equipment (i.e., electrical devices) are not permitted in the pool/spa area.
  - e. Children under the age of 14 are not permitted in the pool or spa without the supervision of a responsible adult.
- iv. Open Outdoor Areas. Members and Guests may use outdoor areas for various games or activities (croquet, badminton, etc.) as approved by the LSC Director.

4. Parking/Permitted Vehicles or Transport.

- A. Automobiles and other similar vehicles should be parked in the designated parking lot by HOA 1.
- B. Golf carts and bicycles are permitted at the LSC. These should be operated at safe speeds while on LSC property and posted speed limits should be observed. The use of scooters, skate boards, and roller skates and other activities that threaten the safety of pedestrians are not permitted.
- C. Golf carts and bicycles should be parked in appropriate areas. They should not be parked in a way that interferes with pedestrian use of the pathway. Specific areas may be posted as non-parking areas if management deems that is necessary. Bikes should left in one of the available bike racks.
- D. Golf cart and bicycle traffic must yield to pedestrians.

5. Food and Drink.

- A. Food is not permitted in the Fitness Center. Water and sports drinks are permitted in this area. Limited food snacks and non-alcoholic drinks in non-breakable containers are

permitted in outdoor areas (courts, pool). All food/drink trash should be properly disposed of.

B. Cooking is not allowed at the LSC unless specifically authorized by the IPCCCA Board of Directors for a particular event. The Board may also authorize more extensive food availability for a particular event.

C. Alcohol is not permitted at the LSC.

6. Clothing/Footwear.

A. The LSC Dress code prohibits overly revealing attire and requires that footwear appropriate to the activity be worn. Questions on Dress Code violations will be settled by the LSC Director.

B. See the Attire/Footwear Guidelines posted by the Fitness Center front desk for additional information the LSC Dress Code.

7. Classes.

1. Class participants should follow directions of the instructor.

2. Instructors must ensure that classes remain at an appropriate and safe size for the activity and facility used.

3. Scheduled classes have priority on use of needed LSC equipment and facilities. Class schedules are available on-line at the IPCCCA website ([ipcca-hoa.com](http://ipcca-hoa.com)) and at the front desk.

4. Management reserves the right to cancel classes at its discretion.

**IPCCA LIFESTYLE CENTER  
ATTIRE/FOOTWEAR GUIDELINES  
Approved 1.16.18**

**MEMBERS AND GUESTS MUST FOLLOW THE LSC DRESS CODE WHILE AT THE LSC. PEOPLE IN VIOLATION OF THE DRESS CODE MAY BE ASKED TO LEAVE THE FACILITY.**

**DRESS CODE SUMMARY: OVERLY REVEALING ATTIRE IS NOT PERMITTED AND FOOTWEAR APPROPRIATE TO THE ACTIVITY IS REQUIRED. QUESTIONS ON THIS WILL BE SETTLED BY THE LSC DIRECTOR.**

**SPECIFIC GUIDELINES:**

**FITNESS CENTER and COURTS**

- **Shirts should be worn by both men and women. Bra-only, bare midriff tops are not permitted.**
- **Shorts should have a minimum inseam of 3 inches.**
- **Footwear appropriate to the activity should be worn. Soft soled, non-marking, enclosed athletic footwear is required on training equipment and on courts.**

**POOL/SPA AREA**

- **Bathing suits should be worn when swimming.**
- **Women should wear bathing suit tops.**
- **Bare feet are permitted by pool side. Shoes should be worn when using restrooms.**